



# Somers Senior Center April 2024 Newsletter



## Somers Senior Center

19 Battle Street, Somers CT 06071  
860-763-4379

Mon-Thurs 8am-4pm, Fri 8am-12pm

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*Dial-a-Ride Drivers*  
Gary Hunter, Renee Mullett, Pat Perry and Scott Sfredo

## Somers Human Services

619 Main Street, Somers CT 06071  
860-265-7551

Mon-Wed 8am-5pm, Thurs 8am-6:30pm

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# HAPPY EASTER



*The Town of Somers Senior Center and activities offered are open to all individuals ages 55+. Registration is **FREE** and all 55+ are welcome! It is our goal to create a warm and welcoming environment where members can take part in recreational, educational and social activities. Please note, Senior Center staff cannot physically assist or act in the capacity of an aide to members who are unable to ambulate independently. If you find that you are experiencing difficulty ambulating independently and require extra assistance via a friend, family member or aide, the Somers Senior Center encourages you to bring your companion with you when you attend activities and events so that you may continue to enjoy all that the Senior Center has to offer. Interested in becoming a member? Fill out our **Membership Registration Form** and become a member today!*



### CLOSINGS & CANCELLATIONS

**Spa Services** will be held on **Thursday April 4th** due to tax services on the 3rd. **Stretching with Keeley** is cancelled for **April 11th**.  
**NO COFFEE TALK/CHAIR AEROBICS on Friday April 12th**



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# Somers Human Services



Call Somers Human Services at 860-265-7551 to make an appointment for any of the below services or if you have any questions.

***Human Services will be at the Somers Senior Center on Tuesday, April 30th, from 8-11am***



## Renters Rebate 2024



Starting April 1st you can apply for the Renters Rebate Program. If you are 65 years or older, rent and your income is less than \$43,800 (single person) or less than \$53,400 (two people), you may be eligible for this program. All required documents must be for 2023.

## Energy Assistance



If your annual income is less than \$41,533 (single person), \$54,338 (two people), you may be eligible for energy assistance.



## Eating Well on a Budget

Leverage local resources to help stretch your household food budget:

Champ's Place food pantry  
Somers Congregational Church  
599 Main Street

Open Mondays from 10am to noon and from 6pm to 7pm.

Mobile Food Pantry from Connecticut Food Share visits Champ's Place every other week, starting Wednesday, January 3rd from 1:00pm to 1:30pm

HINT: bring a small cart, laundry basket, or a sturdy box or shopping bags to easily carry items home with you.

Application Assistance is available for SNAP, Medicaid, and Qualified Medicare Beneficiary (QMB).

Meals-on-Wheels is available for homebound seniors and people with disabilities.





# Senior Center Updates



***NEW!!! HAIR CUTS AND BEARD TRIMMING STARTING APRIL 8TH!!*** Need a haircut or beard trimming but don't want to pay a hefty price? Make your appointment with us and come meet Lynn Shea, a licensed & insured hairdresser who will be at our Senior Center every 6-weeks starting on April 8th. See page 12 for cost and more information.

***NEW!!! Wii BOWLING IN APRIL!!*** We are so happy to bring back Wii Bowling to the Senior Center!! This fun interactive video game sport is similar to real-life bowling using a Wii remote and our large screen television. It is very easy to do and we will be happy to show you how.

***PARKING*** We are so happy that so many members are attending events at the Senior Center. As such, we want to reiterate that due to limited parking, we ask that you utilize the parking lot at Kibbe Fuller at 619 Main Street when possible to allow those who are disabled or unable to walk from Kibbe to park in spots at the Senior Center. Also, please remember that there is no parking behind the senior center and that it is one way. Again, we truly appreciate everyone's support! We look forward to many more fun and exciting programs and events to offer you! As always, should you have any questions, please do not hesitate to contact us at (860)763-4379.

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## **Everbridge ~ Town of Somers Alert System**

**Notification Program Overview...** The Town of Somers launched a mass notification service that allows us to alert you. You opt-in to enter your contact information and subscribe to notifications you care about. **The information you provide is protected and will not be used for any other purpose.**

**How It Works...** When we issue a notification about a potential safety hazard or concern, you will receive a message on the voice or text communication methods that you have registered. If requested for the notification, you can confirm that you have received the message and you will not be contacted by any subsequent methods regarding that particular notification. If you do not confirm, the system will continue to attempt to reach you at all of the contact paths that you have registered.

**Sign up for Notifications...** Create an account and add your contact information into the Mass Notification system. You can stop receiving at any time by removing your contact information from your profile.

**Let us know if you need assistance signing up! We'd be happy to help you!**

**SCAN ME**





## Health & Wellness Classes



## Groups & Activities



**Qigong- Mondays, 9-9:45am \$40.00/Punch card for 10 classes.** Join Ritch Ryan for movement & breathing to enhance health & wellness. Provides a simple approach with the benefits of balance, strength & flexibility.

**Classes held in the Kibbe Fuller Gym.**

**Chair Aerobics- Tuesdays & Fridays, 10-11:00am \*\*FREE\*\*** A classic DVD chair fitness program. All levels are welcome!

**“Fit & Fun” Fitness- Wednesdays, 9-10:00am \$40/Punch Card for 10 classes.** Join Chelsea Lowe, A Better Self, LLC for a low-impact, total body workout with great music! This class strengthens muscles through mindful movement & breathing.

**Stretching w/ Keely- Thursdays, 10-11:00am \$40/Punch Card for 10 classes.** Dim the lights and listen to meditation music as you learn basic Yoga type stretch moves while sitting or standing. Everyone loves this class and all levels are welcome! **Classes held in the Kibbe Fuller Gym.**



**Wii Bowling- Thursdays 9:00am \*\*FREE\*\*** It's Back!! Come and learn how to play Wii Bowling! The mental stimulation combined with the social interaction and movement provides exercise and improves balance which in turn can prevent falls. It is an easy game to play, regardless of your gaming experience.

**Pickleball- Tuesdays & Fridays, 9-11:00am \*\*FREE\*\* Weather permitting. Tennis courts at Field Road Park.** Four courts & some equipment provided! New & experienced players welcome. **Must register with the Sr. Center & complete a Waiver Agreement if you wish to play.**

**Art Group- Mondays, 10-11:30am \*\*FREE\*\*** All mediums welcome. Bring your own ideas and supplies.

**SCRABBLE- Mondays, 11:00am \*\*FREE\*\*** Bring a friend and enjoy exercising your brain!

**SKYJO - Mondays 1-3:00pm \*\*FREE\*\*** Even if you are a beginner or seasoned player, please join us for this new card game that is easy to learn and fun to play! ***Will teach!***

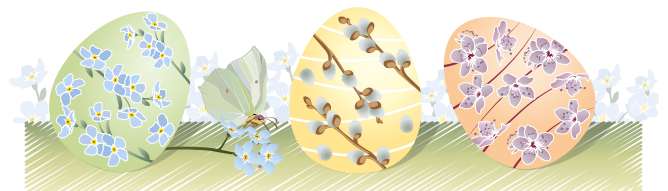
**Coffee Talk- Tuesdays & Fridays, 9-10:00am** Join your friends & make new ones for fresh coffee, tea and light snacks. ***(Donations welcome for supplies)***

**RUMMIKUB - Tuesdays, 11-1:00pm \*\*FREE\*\*** Rummikub is easy to learn and fast moving. The “board” changes all the time as players adjust the tiles on the table. It combines luck and strategy, and it changes quickly so every player has a chance to win until the very end. Players take turns placing numbered tiles in runs and groups and the Joker tiles add to the fun! Space is limited so sign up today!! ***Will Teach!***

**Senior Learning Network- Tuesdays, 2-3:00pm \*\*FREE\*\*** Live video conferencing technology to deliver life-long learning programs. **Programs on Page 9.**

**Dominoes- Wednesdays, 1-3:00pm \*\*FREE\*\*** Please come and learn the game. ***Will teach!***

**Bingo- Thursdays, 12-3:00pm** Free coffee/tea. Bring your lunch and enjoy an afternoon of Bingo!





# Special Programs & Events



## Craft Class with Rose Sullivan Wednesday, April 3rd 1:30pm

Join Rose and make this adorable spring themed beehive candle holder!  
**\$7/pp** (covers class and all materials including an LED pillar candle!)

## Stress Free Grilled Cheese Luncheon Friday, April 12th, 11:00am, \$3/pp

“Chef Pam“ will return with a grilled cheese lunch in honor of **National Grilled Cheese Day** And to honor **Stress Awareness Month** Representatives from **Right at Home** will present some stress reduction tips and talk about the non-medical in home support & assistance services they provide.



## Wii Bowling Thursdays at 9:00am Starting April 4th



We've brought back Wii Bowling! Regardless if you are a beginner or already know how to play, come and enjoy this gaming sport!

## Spring Scamper Camp



### Tuesday, April 16th 11:00am - 1:00pm

Minute to Win It! Teams of Seniors & Campers compete in a series of challenges to beat the clock!

### Friday, April 19th 11:00am-1:00pm



CHOPPED! Teams of Seniors & Campers create culinary dishes to be judged.



## AARP Smart Driver™ Course



Monday, April 8th 8:30am-1:00pm

When you take the AARP Smart Driver course, you could be eligible for a discount on your auto insurance. The course teaches proven driving techniques to help keep you and your loved ones safe on the road. Space is limited.



**\$20 for AARP members**  
**\$25 for non-members**



## Craft with Mary-Ellen

Wednesday,  
April 10th 11:00am

Come and join Mary-Ellen as we make our very own hat fascinators! You can wear them to a future Kentucky Derby, Tea Time & Mother's Day Events!! **\$8/pp - Space is limited**



## LUNCH BUNCH Tuesday April 24th 10:30am

Spend the day browsing the Putnam Antiques Marketplace. Lunch on your own at any of the quaint restaurants!

**\$5/pp - Space is limited**  
**This trip is not handicap accessible.**





# Personal Care

## FOOTCARE SERVICES

The Senior Center provides footcare services every month! Please call the Senior Center to make your appointment.

Dates Available:

Apr 25th

May 23rd

June 27th




### SPA SERVICES

The Senior Center offers spa services by **MA Licensed Tech Diane Neill**. First Wednesday of the month. Call the Senior Center to book your appointment.

Signature Facial.....	\$38
Microdermabrasion Facial.....	\$48
LED Light Therapy.....	\$15
Waxing Services: (brow, lip, chin etc.).....	\$7 - \$18

**Cash or Check only**



### HAIR CUTS/BEARD TRIMMING

Monday, April 8th

Appointments must be made in advance by calling the senior center at 860/763-4379. Appointments are every 15 minutes beginning at 12:30pm for basic water bottle haircuts (men/women) and beard trimming.


**\$15 cash only at time of service.**  
**NO WALK-INS**



# With Thanks

We would like to thank the following individuals who have so generously donated to the Senior Center:

**Sandy Balaska, Ron & Charlene Biathrow, Jeanne Cormier, Elaine Davis Jeffrey & Mary Louise Elkas, Jennifer Pilton, Evelyn Shaughnessy, Carol Shuckerow & Tina Toohy**



# Somers Senior Citizen's Club

**SOMERS SENIOR CITIZEN'S CLUB PRESENTS**

Wednesday, April 17th

11:45am-1:45pm

Cheese or Pepperoni Pizza  
Garden Salad w/ Dressing and  
Ice Cream Sandwich for Dessert

**\*\*ORDER IN ADVANCE REQUIRED\*\***

Call Dan Fraro at (860) 749-7108 to order  
Must order by noon the Monday  
prior to lunch

*\$5 payable at the door*

**\$2 ANNUAL DUES DUE AT LUNCHEON**



# Movie Time!

Wednesday, April 30th

11:30am

Comedy/Romance · 1h 36m



Nicholas Collini (Desi Arnaz) has to travel for his job as an engineer -- so his fiancée, Tacy (Lucille Ball), suggests that rather than buy a house after their wedding, they invest in a motor home so they can see the country together. But the aggravations of life with nosy trailer park neighbors and the dangers of piloting an enormous trailer across narrow country roads soon take their toll on the happy couple, putting their young marriage in turmoil.





# Meal Events

## Home Helpers® Luncheon

Wednesday, April 3rd  
12:00pm  
**Space is Limited**  
**Sign up by March 29th**



## LUNCH BUNCH

Wednesday April 24th  
**Space is limited - \$5/pp**  
**Not handicap accessible**



Putnam  
Antiques  
Marketplace

## Grilled Cheese Luncheon Friday, Apr. 12th, 11:00am

**Sign up by April 9th, \$3/pp**



Chef Pam will be making her grilled cheese sandwiches!  
"Right at Home" will talk about stress reduction and in-home services.



PARKWAY PAVILION  
HEALTH & REHABILITATION CENTER

## Birthday Luncheon

Tuesday, April 23rd  
12:00pm  
**Sign up by April 18th**

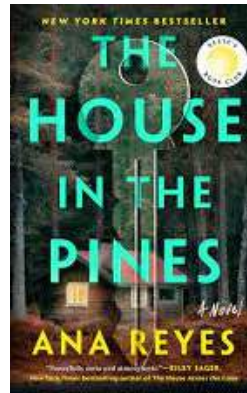
# Book Club



## Book Club with Somers Librarian Coordinator Allison Rief

Thursday, April 18th  
3:00pm

## The House in The Pines by Ana Reyes



Armed with only hazy memories, a woman who long ago witnessed her friend's sudden, mysterious death, and has since spent her life trying to forget, sets out to track down answers. What she uncovers, deep in the woods, is hardly to be believed. . . .

Please call 860-763-4379 to pick up a book and join this great group if you love reading!



# Piedmont Photography Show



The Annual Piedmont Photography Show is coming soon! Sponsored by the Somers Cultural Commission this show features amateur and professional photographers exhibiting works in black & white, full color & altered images. All works are juried for prizes with the top prize being \$500! Entry forms are available at the Somers Senior Center, Facebook.com, Somers Cultural Commission and at Piedmont Hall. Photo entries must be matted or framed & wired and hand delivered to Piedmont Hall, 604 Main Street on April 19th & 20th 9:00-12:00pm. The fee is \$20 for first entry and \$15 for each additional (non-refundable).

An opening reception will be held on Sunday, May 5th from 1:00-3:00pm so please join us!





# Day Trips



The Somers Senior Center is pleased to offer the following trips! First come, first serve for trips below. Full payment due at sign-up. Please stop by the Senior Center for flyers and complete information.

**May 16, 2024** - Made in Vermont - Lunch at the Marina, Grafton Village Cheese, Hidden Springs Maple Farm, and shopping in Brattleboro, VT - \$145/pp

**June 21, 2024** - Newport Flower Show at Rosecliff Mansion, Newport, RI - \$122/pp

**September 10, 2024** - Swinging Summer, The music of Dean Martin with Jack Lynn and Lunch at Amarante's Sea Cliff, New Haven, CT - \$124/pp

**October 8, 2024** - The Turkey Train, Winnepesaukee Railroad, NH. Enjoy a homestyle turkey lunch on a nostalgic train ride along the shore of Lake Winnepesaukee and end at Kellerhaus for delicious ice cream & shopping! - \$172/pp



FRIENDSHIP TOURS  
THE SHIP SHOP

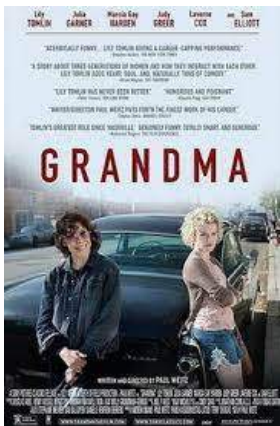


# Somers Public Library



## Movie Matinees at the Library Fridays - 1:00pm

**PLEASE NOTE: Due the Somers Public Library Book Sale and Somers School Art Show, only one movie will be shown in April. Movies will resume on Friday May 17, 2024**



**April 5th**  
**"Grandma"**

## Care Cafe'

**First Wednesday of every month  
1:00pm Library Conference Room**

All caregivers of those living with Dementia or Alzheimer's are invited to come for conversation and support. We supply the space - use it for your care.

**NO REGISTRATION NEEDED**

**Somers Public Library**



2 Vision Blvd  
Somers, Connecticut 06071 | 860-763-3501







# The Senior Learning Network at the Somers Senior Center



**The Senior Learning Network uses live video conferencing technology to deliver life-long learning programs to groups of older adults in retirement communities, nursing homes, assisted living, adult day cares, community centers, libraries and other venues.**

## April 2nd- Soldiers in Skirts: Army Women in Vietnam

During the height of the Vietnam War, the first women from the Women's Army Corps (WAC) arrived overseas as part of a new program to help train Vietnamese women for their own Corps. In this program the U.S. Army Women's Museum will lead us on a journey through the years of the Vietnam War, exploring women's roles as they served their country as soldiers and nurses. Exploration takes place through newspapers, photographs, and oral testimonies about this period during the Cold War.



## April 9th- Connecting with Ancient Civilizations at Hearst Castle"

A long-awaited return to Hearst castle to explore the mythology, the art, and the architecture of ancient civilizations! Statues such as the Egyptian goddess Sekhmet will transport us 3000 years back in history. The Neptune Pool will provide proof that the Greeks and Romans still influence our world today. Hearst Castle preserves a collection of art and artifacts that symbolizes the traditions and beliefs of these cultures.



## April 16th- The Life and Times of Will Rogers



Will Rogers was born Cherokee native American in Indian Territory (now Oklahoma), was a cowboy delivering cattle to market on his father's ranch and learned trick roping from his Dad's ranch hands. That trick rope led him into showbusiness first in Wild West shows, then vaudeville, before moving to be a headliner on Broadway's biggest pageant, the Ziegfeld Follies. His gift of Improv and telling jokes relocated him to Hollywood where he begins in silent films but eventually leapfrogs to the number one box office star in 1934 for Twentieth Century Fox studios when sound comes to the movies. His launch of a weekly and then daily newspaper column syndicated to over 500 newspapers, found everyone reading his WR remarks with their morning coffee. Come take a peek at this Hollywood Golden Age Superstar, as we explore Rogers through the 1920's and '30's, his iconic ranch home, and artifacts.

## April 23rd: Whales in North Carolina/Diversity, Distribution, Conservation

Carteret County, NC was home to a dolphin and whale hunting industry, used primarily for oil. Historical records aren't clear how large the industry was. The industry was founded because there are plenty of cetacean species off the coast. As of 2021, the whale center has documented 34 species of cetaceans (all whales, including dolphins and porpoises) along with The center hosts displays of beaked whale skeletons (Plus another being prepped for display) a 37-foot humpback whale skeleton, plus whale teeth, baleen, and whale oil. "Because of our location near ocean currents, the continental shelf, and many other reasons, North Carolina is a hotspot for cetacean diversity on a global scale and we wanted to explain that," said Keith Rittmaster, Natural Sciences Curator at the North Carolina Maritime Museum and one of the leaders in the effort to create Bonehenge Whale Center. "And quite frankly, these creatures are amazing and I get excited when people learn about them and say WOW!"





# The Somers Senior Center would like to acknowledge our members with April Birthdays!



### April 1st:

Patricia J.  
Kevin B.  
Robert D.  
Daniel C.

### April 3rd:

Bud K.  
Elaine D.  
MaryAnn Z.  
Sofia Van H.  
Barbara S.

### April 4th:

Gary E.  
Eileen K.  
George C.  
Bonnie H.  
Geri St. M.  
Donna H.  
Mark R.

### April 5th:

Joyce M.  
Mary S.  
Rebecca R.

### April 6th:

Sylvia K.  
Donna L.

### April 7th:

Sharon A.  
Aileen M.

### April 8th:

Daniel C.  
David C.

### April 9th:

Barbara F.  
Jean DiC.  
Mary E.

### April 10th:

Marie K.  
William H.  
Rick C.

### April 11th:

Ken L.  
Harold T.  
Dale F.  
Edward S.  
Theresa L.

### April 12th:

James R.  
Norris W.  
Susan W.  
Nancy M.  
Eugene A.  
Joseph K.

### April 13th:

John G.

### April 14th:

Violet S.

### April 15th:

Ann H.  
Robert P.  
David M.  
Dennis G.  
Anne Marie S.

### April 16th:

Joan S.  
Pat S.  
Douglas S.

### April 17th:

Barbara P.  
Jeff K.

### April 18th:

Regina B.  
Frank S.

### April 19th:

Phillip E.  
Karen C.  
Mary McG.

### April 20th:

Jennifer P.  
Kathleen V.  
Lorna H.

### April 21st:

Suzanne C.  
Anthony G.  
Kathleen L.  
Margaret M.

### April 22nd:

Helene O.  
Grace R.

### April 23rd:

Araina H.

### April 24th:

Jeannette R.

### April 25th:

Dante V.  
Robert W.  
Thomas C.  
Joel S.  
Janet D.  
Catherine E.

### April 26th:

Carolyn R.  
Pacifico S.  
Kathleen M.

### April 27th:

Rose P.  
David S.  
Glen B.  
Jackie C.  
Annemarie L.

### April 28th:

Mary Ann K.  
Melvin J.  
Elaine M.

### April 29th:

Denise DeM.  
Maria R.

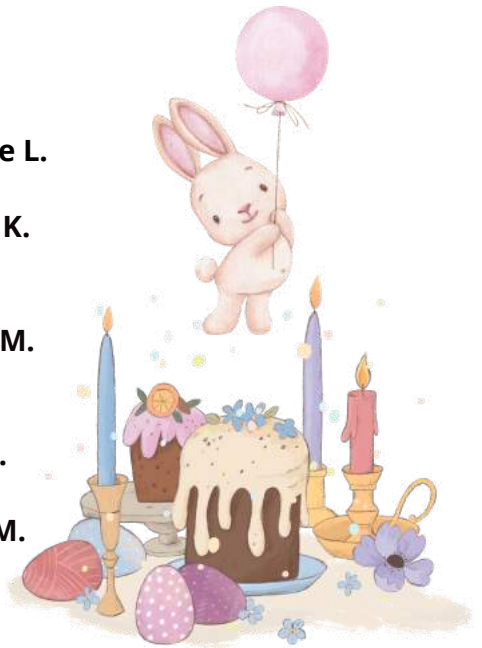
### April 29th:

Margret R.

### April 30th:

Guylaine M.  
Lisa V.

# Happy Birthday



## Save the Date!

**April 21st at 1:00pm** - Somers Historical Society Museum Grand Opening with Paul Martinello Revolutionary War and US 250th Anniversary.

**May 1st** - Sandra Wood returns with a presentation on the importance of sleep.

**June 4th** - Lunch Bunch: Tour of Oakridge Dairy in Ellington & ice cream stop at "The Scoop".

**June 12th** - Annual Somers Senior Center's "Welcome Summer BBQ" w/ live entertainment.

## Birthday Celebration



**Our Birthday Celebration will be held on Tuesday, April 23rd at 12:00pm**

**Cake will be served following the Parkway luncheon to honor all of our members who have an April Birthday!**



<b>1. MONDAY</b>	<b>2. TUESDAY</b>	<b>3. WEDNESDAY</b>	<b>4. THURSDAY</b>	<b>5. FRIDAY</b>
9:00 Qigong 10:00 Art Group 11:00 Scrabble 1:00 SKYJO Card Game	9:00 Coffee Talk 10:00 Chair Aerobics 11:00 Rummikub Tile Game 2:00 Senior Learning Network	9:00 - 12:00 AARP TaxAide 9:00 Fit and Fun @Kibbe <u>12:00 Home Helpers Lunch</u> 1:00 Dominoes <u>1:30 Craft-Beehive Candleholder with Rose-\$7.00 pp</u>	Spa Services (By Appt.) 9:00 Wii Bowling 10:00 Stretching with w/Keely 12:00 Bingo 5:30 Bridge	9:00 Coffee Talk 10:00 Chair Aerobics
<b>8. MONDAY</b>	<b>9. TUESDAY</b>	<b>10. WEDNESDAY</b>	<b>11. THURSDAY</b>	<b>12. FRIDAY</b>
8:30-1:00 AARP Smart Driver Course 9:00 Qigong 10:00 Art Group 11:00 Scrabble 12:30 Haircuts (By Appt.) 1:00 SKYJO Card Game	9:00 Coffee Talk 10:00 Chair Aerobics 11:00 Rummikub Tile Game <b>1:00 Senior Advisory Meeting</b> 2:00 Senior Learning Network	9:00 Fit and Fun <b>11:00 Craft-Hat Fascinator with Mary-Ellen-\$8.00 pp</b> 1:00 Dominoes	9:00 Wii Bowling <b>NO STRETCHING W/KEELY</b> 12:00 Bingo 5:30 Bridge	<b>NO COFFEE TALK</b> <b>NO CHAIR AEROBICS</b> 11:00 Chef Pann's Grilled Cheese Luncheon-\$3.00 pp and Presentation from Right at Home
<b>15. MONDAY</b>	<b>16. TUESDAY</b>	<b>17. WEDNESDAY</b>	<b>18. THURSDAY</b>	<b>19. FRIDAY</b>
9:00 Qigong @Senior Center 10:00 Art Group 11:00 Scrabble 1:00 SKYJO Card Game	9:00 Coffee Talk 10:00 Chair Aerobics 11:00 Rummikub Tile Game <b>11 - 1:00 Spring Scamper Camp (Minute to Win It)</b> 2:00 Senior Learning Network	9:00 Fit and Fun <b>12:00 Somers Senior Citizen's Club Lunch-\$5.00 pp</b> 1:00 Dominoes	9:00 Wii Bowling 10:00 Stretching w/Keely@ Senior Center 12:00 Bingo 3:00 Book Club 5:30 Bridge	9:00 Coffee Talk 10:00 Chair Aerobics <b>11 - 1:00 Spring Scamper Camp (Chopped Contest)</b>
<b>22. MONDAY</b>	<b>23. TUESDAY</b>	<b>24. WEDNESDAY</b>	<b>25. THURSDAY</b>	<b>26. FRIDAY</b>
9:00 Qigong 10:00 Art Group 11:00 Scrabble 1:00 SKYJO Card Game	9:00 Coffee Talk 10:00 Chair Aerobics 11:00 Rummikub Tile Game <u>12:00 Parkway Birthday Lunch</u> 2:00 Senior Learning Network	9:00 Fit and Fun <b>10:30 Lunch Bunch-\$5.00 pp Putnam Antiques</b> 1:00 Dominoes	<u>Foot Care (By Appt.)</u> 9:00 Will Bowling 10:00 Stretching w/Keely 12:00 Bingo 5:30 Bridge	9:00 Coffee Talk 10:00 Chair Aerobics
<b>29. MONDAY</b>	<b>30. TUESDAY</b>			
9:00 Qigong 10:00 Art Group 11:00 Scrabble 1:00 SKYJO Card Game	<u>9:00-12:00 Social Services</u> 9:00 Coffee Talk 10:00 Chair Aerobics 11:00 Rummikub Tile Game <b>11:30 Movie Time: The Long, Long Trailer starring Lucille Ball &amp; Desi Arnaz</b> 2:00 Senior Learning Network			



## April is National Volunteer Month!

"The Heart of a Volunteer is never measured in size, but by the depth of the commitment to make a difference in the lives of others.... "

Deann Hollis



Everyone here at the Somers Senior Center would like to acknowledge the wonderful people who donate their time and talents in making our Center such a welcoming home for our members. Meals on Wheels, watering plants, organizing kitchen supplies, calling Bingo and providing music for our coffee talks and luncheons and so much more! It does not go unnoticed.

Thank you to all.

We could not succeed without you!



## Grief Support

We are very pleased to offer a Grief Support group with Karla Vince from the Visiting Nurse & Health Services of Connecticut. This six week session will meet for 1-hour beginning **Monday June 3rd at 10:30am**. You may call us for more information at (860)763-4379.



## 2024 Outdoor Concert Series

Mark your calendars! The Somers Cultural Commission's Outdoor Concert Series is returning! Please look for complete details in our May newsletter. The first concerts of the season are:

May 18, 2024 - A Ray of Elvis (R&R)

May 25, 2024 - Ethel Lee Ensemble (Jazz)

June 1, 2024 - Six Pack of Blues (Blues)

Concerts are **1:00-3:00pm** at The Gazebo on The Green behind the Somers Senior Center. In case of inclement weather, they will be held at the Somers Congregational Church at 599 Main Street.



## Elderly Tax Relief Program

### Elderly Tax Relief Program

State law provides a property tax credit program for Connecticut owners in residence of real property, who are elderly (65 and over) or totally disabled, and whose annual incomes do not exceed certain limits.

#### Where:

Town Assessor Office



#### When:

February 1st - May 15th (re-apply every 2 yrs.)

#### Requirements:

65yrs or older

Must own the property

Must reside in the home at all times

Proof of Income (1040) Federal Tax Return

\$43,800 (single limit)

\$53,400 (married limit)

Questions? Please contact Karen Neal at 860.763.8202 or [kneal@somersct.gov](mailto:kneal@somersct.gov)





# Somers Senior Center Registration Form - April 2024 Classes, Events & Trips



Program Name	Date	Fee (if applicable)
		\$
		\$
		\$
		\$
		\$
		\$
		\$
We accept cash, credit card and checks payable to Town of Somers	TOTAL DUE:	\$

**REGISTRATION FOR ALL EVENTS (unless noted) BEGINS ON FRIDAY, MARCH 22ND FOR SOMERS RESIDENTS AND WEDNESDAY, MARCH 27TH FOR NON-RESIDENTS. FORMS WILL NOT BE ACCEPTED PRIOR TO THIS DATE. **A REGISTRATION FORM MUST BE SUBMITTED FOR ALL EVENTS THAT YOU WISH TO ATTEND.****

### Somers Recreation & Leisure Services Participant Waiver

*I hereby agree to release, discharge and hold harmless the Town of Somers, Somers Recreation & Leisure Services Department and the Somers BOE, its directors, employees, agents, contractors and/or volunteers from any and all liability that may occur during my participation in Somers Recreation & Leisure Services activities. I understand that participation in any recreational activity involves risk and I grant permission to the Town of Somers to utilize any medical emergency services it deems necessary to treat any injuries that I may incur. I further understand that the Town does not provide insurance for recreational program participants.*

### Somers Recreation & Leisure Services Photo Release

*Participants in Somers Recreation & Leisure Services programs acknowledge that photographs may be taken during activities within our programs. By participating in our programs, you allow reproductions of these photographic materials to be used in promotional activities including but not limited to brochures, email campaigns, social media and more exclusively by the Somers Recreation & Leisure Services.*

- I have read and am in compliance with the photo policy stated above.*
- I have read and am **NOT** in compliance with the photo policy stated above.*

**Print Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

